

# Critical Incident Stress Management Three Day Class



"Helping Those Who Help Us"  
Emergency Chaplains



*GRIN in-person class coming to Durham, NC in February*

## Group Crisis Intervention and Assisting Individuals in Crisis (ICISF GRIN Class)

February 22-24th, 2024  
8:30 AM – 5:00 PM each day.  
Price: \$325.00\*\*

*This includes two manuals, all handouts for class, and certificate for both classes.*  
Participants must attend all three days in their entirety to receive certificate.

**\*\*First Responder Discount of \$25 is available\*\***

*For discount code, contact Fuzzy Lake at [fuzzycism@gmail.com](mailto:fuzzycism@gmail.com) or (765) 265-1656  
or Chaplain Ralph Thompson at [Ralph@EChap.org](mailto:Ralph@EChap.org) or (919) 280-8908*

Includes chaplains, law enforcement, fire, EMS, 9-1-1, healthcare, and mental health professionals

This class is being hosted by Emergency Chaplains at:  
3218 N Roxboro St  
Durham, NC 27704

**For more details about the class and to register  
visit [www.LakeCISM.com](http://www.LakeCISM.com)**

## **Assisting Individuals in Crisis**

**Course Description:** Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”.

This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

### **Program Highlights:**

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

## **Group Crisis Intervention**

### **Course Description:**

Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services.

Fundamentals of Critical Incident Stress Management (CISM) will be outlined, and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals, when necessary, will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

### **Program Highlights**

- Relevant research findings
- Small group crisis interventions
- Relevant recommendations for practice
- Adverse outcome associated with crisis intervention.
- Incident assessment
- Reducing risks
- Strategic intervention planning
- Critical Incident Stress Debriefing (CISD)
- “Resistance, resilience, recovery” continuum
- Large group crisis interventions